

THE SD VIDYA SCHOOL
HOLIDAY HOMEWORK (2018-19)
CLASS VII

General Instructions:

- **Cover page of the project should contain Name of the school, Name of the student, Class Academic year, Teacher in charge.**
- **Use A-4 colored sheets for making a project. Paste the pictures to make it more effective.**
- **Your holiday homework will be assessed and marks will be added in the final result.**

INTERDISCIPLINARY PROJECT
(MATHEMATICS, SCIENCE, SOCIAL SCIENCE)
THEME: NUTRITION

Task 1

- Make three bar graphs on separate A3 sheets showing amount of following nutrients present in different types of fruits, vegetables and grains (2 each) of your choice:
 - a) Calcium
 - b) Protein
 - c) Iron
- Make a file describing various modes of Nutrition in plants and animals with the help of pictures.
- Describe different steps presently taken by government in Public Health Sector. Also describe its role in future scenario.
- Give a brief snapshot of the latest health report of India released by WHO.

Task 2

- Practise 5 sums of mathematics daily from the chapter covered in April and May in separate notebook.

Task 3

- Read any one of the following novels and complete the tasks given:
 - a) Chronicles of Narnia- C. S. Lewis
 - b) The Secret Garden - Frances Hodgson Burnett
 - c) Matilda- Roald Dahl
 - d) The Time Machine – H.G. Wells

- Make a book jacket based on the theme of the novel.
- On coloured A4 sheets complete the following assignments and insert them in the book jacket.
 - i. Write a summary of the novel.
 - ii. Make a list of characters.
 - iii. Write about what you liked and disliked about the novel.
 - iv. Watch a movie based on the novel you have read.
 - Write a diary entry describing your favourite character.
 - Attempt a critical review of the movie. Rate it by giving stars out of 5. Paste picture to make your review appealing. You may take reference from film reviews published in newspaper.
- Complete worksheets 1 and 2 in the workbook.

Task 4

- नीचे लिखे कोई एक उपन्यास को पढ़ो और दिए गए कार्य को पूरा करो ।
 - क. बाती और लौ - भगवती प्रसाद वाजपेयी
 - ख. इनाम - नागार्जुन
- उपन्यास के आधार पर चित्र सहित बुक कवर बनाएँ ।
- नीचे दिए कार्य को रंगीन ए-4 शीट पर करें ।
 - क. उपन्यास का सारांश लिखें ।
 - ख. पात्रों की सूची बनाएँ ।
 - ग. अपने पसंदीदा पात्र का चित्र बनाएँ और चरित्र वर्णन करें ।
 - घ. इस उपन्यास में आपको क्या पसंद है और क्या नापसंद है लिखें ।